COVID-19 Preparedness Plan for Interact Center

Location: 1860 Minnehaha Ave West

Minnesota no longer requires Preparedness Plans; however, to provide for the safety of our staff, artists and visitors, Interact has developed the following plan. This plan may be changed as guidance from the CDC, Stay Safe Minnesota, MDH and DHS are updated. Senior staff monitor the news and guidance and update all COVID information accordingly.

Interact Center is committed to providing a safe and healthy workplace for all our workers, customers, clients, patrons, guests, and visitors. To ensure we have a safe and healthy workplace, Interact Center has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Managers and workers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces and communities, and that requires full cooperation among our workers and management. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our workplaces.

The COVID-19 Preparedness Plan is administered by Glenis Zempel- Managing Director, who maintains the overall authority and responsibility for the plan. However, management and workers are equally responsible for supporting, implementing, complying with and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan. Interact Center’s managers and supervisors have our full support in enforcing the provisions of this plan.

Visitors

- Interact reserves the right to restrict the number of visitors at Interact at any given time.
- At this point in time, Interact is only allowing necessary guest and contractors. All meetings should be held virtually until further notice. If unable to meet virtually please let the Managing Director know and she will advise on an in-person meeting. All participants to in-person meetings must show proof of vaccination or wear an approved mask.
- Please heath screening information below.

Health screening, isolation, and quarantine

Workers have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess worker, customer, and other visitor health status prior to entering the business and for workers to report when they are sick or experiencing symptoms. Interact Center has also developed a plan to advise customers and other visitors to leave the facility if their responses to health screening indicate they have tested positive for COVID-19, are experiencing COVID-19 symptoms, or have been identified as a close contact.

Staff must report to the plan administrator if they test positive for COVID-19, are experiencing COVID-19 symptoms, or have been identified as a close contact.
Artists must report to an Interact Center employee if they test positive for COVID-19, are experiencing COVID-19 symptoms, or have been identified as a close contact. This Interact Center employee must then report this information to the plan administrator.

- All staff, artists, and visitors are requested to perform their own health screenings at home and should not come to Interact Center for any reason if experiencing symptoms or signs of COVID-19 infection. If you have any of the following symptoms and they are not related to any other condition/illness, it could be COVID-19.

According to the World Health Organization:

Most common symptoms include:
- Fever
- Dry cough
- Tiredness

Less common symptoms:
- Aches and pains
- Sore throat
- Diarrhea
- Conjunctivitis
- Headache
- Loss of taste or smell
- A rash on skin, or discoloration of fingers or toes

Serious symptoms:
- Difficulty breathing or shortness of breath
- Chest pain or pressure
- Loss of speech of movement

Seek immediate medical attention if you have serious symptoms. Always call before visiting your doctor or health facility.

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.

The Delta Variant has these symptoms: headache, sore throat, runny nose and fever. It is more like the common cold than the flu.

- In addition to monitoring for symptoms at home, all people entering Interact will be asked to take a short verbal health screening questionnaire. Visitors will also be asked to provide contact information to include name, phone number, and number of people visiting in their group.
- If an individual reports any of the above COVID symptoms, they will be asked to leave. If an artist does not have an immediate ride home is unavailable, the artist must wear an approved face covering and isolate from other individuals until a ride can be secured. Isolation is a means to separate people infected with COVID-19 from those who are not infected and will include being asked to wait in a specific “sick room” or area.

Interact Center has implemented measures to ensure that sick or COVID-19 positive workers and artists isolate until they are no longer infectious, according to applicable MDH guidance.

- If an individual tests positive for COVID-19 they should stay home and isolate away from others, even if experiencing no symptoms. If you have been fully vaccinated and test positive for COVID-19, you still need to stay home and away from others.
If experiencing symptoms, stay home until all three of these things are true:

- You feel better. Your cough, shortness of breath, or other symptoms are better, AND
- You have had no fever for at least 24 hours, without using medicine that lowers fevers.

If you are not experiencing symptoms and have tested positive for COVID-19, you must stay home and away from others for a minimum of 10 days, regardless of vaccination status.

- Interact has a generous sick leave policy with one day accrued per month. In addition to this sick leave policy, any staff member who tests positive for COVID-19 is allowed up to another two weeks (10 business days) of paid sick leave to recover from COVID-19 infection. If a staff member should contract COVID-19 and requires additional sick time via this policy, speak to the plan administrator for additional information.

- **Interact Center strongly encourages all individuals able to receive a COVID-19 vaccine to get one. Interact understands that vaccination is not an option for some individuals, including some people with certain underlying medical conditions. Following this COVID-19 Preparedness Plan will help to ensure those individuals with underlying medical conditions or who have household members with underlying health conditions remain safe and healthy from COVID-19 infection.**

- For workers with underlying medical conditions or who have household members with underlying health conditions, speak to the plan administrator to see if working from home is a long-term option.

**Interact Center** has also implemented a policy consistent with MDH guidance for identifying and communicating with workers who may have been exposed to a person with COVID-19 at their workplace and requiring them to quarantine for the required amount of time. See [Close Contacts and Tracing: COVID-19](http://www.health.state.mn.us/diseases/coronavirus/close.html) and [Quarantine Guidance for COVID-19 (PDF)](http://www.health.state.mn.us/diseases/coronavirus/quarguide.pdf).

According to the CDC, quarantine is used to keep someone who might have been exposed to COVID-19 away from other. Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. Interact will follow CDC guidelines when determining if a quarantine is necessary.

- People who have been in close contact with someone who has COVID-19 must quarantine for 14 days after last contact with the person who has COVID-19.
  - **THIS RULE EXCLUDES INDIVIDUALS THAT HAVE HAD COVID-19 INFECTION WITHIN THE PAST 3 MONTHS OR WHO ARE FULLY VACCINATED.**
    - Fully vaccinated means 2 weeks following the second dose in a 2-dose series such as Pfizer or Moderna, or 2 weeks following a single-dose vaccine such as the Johnson & Johnson’s vaccine.
  - Close contact includes the following:
    - Being within 6 feet of someone who has COVID-19 for a total of 15 minutes or more.
    - Providing care at home to someone who is sick with COVID-19.
    - Having direct physical contact with the person (hugged or kissed them).
    - Sharing eating or drinking utensils.
    - If they sneezed, coughed, or somehow got respiratory droplets on you.

Interact respects the privacy for all staff and artists, and will follow all data privacy and HIPAA laws and regulations. Should Interact become aware of an outbreak or possible exposure to COVID-19, the plan administrator will contact...
each person potentially exposed. The plan administrator will also outreach the CDC and/or Department of Health for further guidance.

**Hand hygiene practices**

*Interact Center* has implemented a policy to provide instruction, signage, facilities, and supplies to encourage regular handwashing and sanitizing. This policy is consistent with [MDH: Hand Hygiene](www.health.state.mn.us/people/handhygiene/index.html).

- Any person entering Interact will be offered hand sanitizer that is at least 60% alcohol.
- All artists and staff are expected to either wash hands or use hand sanitizer before and after eating.
- Staff will assist artists in using hand sanitizer as needed.
- Staff will assist artists in following proper handwashing technique.
- Monthly nursing visits have included handwashing demonstrations for the artists participating.
- Signage can be found near all sinks demonstrating proper handwashing technique.

**Cleaning and disinfecting**

According to the CDC, when no people with confirmed or suspected COVID-19 infection are known to have been in a space, cleaning once a day is usually enough to sufficiently remove virus that may be on surfaces and help maintain a healthy facility. Disinfecting (using the U.S. Environmental Protection Agency’s List N) kills any remaining germs on surfaces, which further reduces any risk of spreading infection. The most reliable way to prevent infection from surfaces is to regularly wash hands or use hand sanitizer. In addition, the risk of infection from touching a surface is low, however it is still a possibility.

If there has been a sick person or someone who tested positive for COVID-19 at Interact Center within the last 24 hours, Interact will clean AND disinfect the spaces the person occupied.

- Before cleaning and disinfecting, close off the areas used by the sick person and do not use those areas until after cleaning and disinfecting. Wait at least several hours before cleaning and disinfecting.
- While cleaning and disinfecting, open doors and windows and use fans or HVAC settings to increase air circulation to the area.
- Use a product from the EPA List N and follow the product instructions.
- Always wear a mask and gloves.

Professional cleaners will also disinfect the entire Interact building once per day at the end of the day. Staff may also choose to complete disinfecting of areas more frequently.

- To disinfect, first use a disinfectant product from the EPA List N that is effective against COVID-19. Familiarize yourself with this product and review Safety Data Sheet as necessary. Always follow the directions on the label to ensure safe and effective use of the product. Ensure adequate ventilation as required when disinfecting and ALWAYS wear gloves. Consider wearing goggles for potential splash hazards to eyes.

**Indoor facilities, utilities, and ventilation**

*Interact Center* has evaluated the operational capacity of indoor ventilation systems and developed a plan to increase and maintain ventilation provided throughout indoor spaces. Steps will be taken to increase the intake percentage of outside air to increase dilution of contaminants, and minimize recirculation, whenever possible, while maintaining indoor air conditions. In the absence of effective mechanical ventilation, steps will be taken to increase natural
ventilation as much as possible, including opening windows when possible and safe. This plan is consistent with applicable Stay Safe Industry guidance and Interact Center has consulted the resources in applicable industry guidance and others, as necessary, in developing this plan.

Each room at Interact Center is equipped with a portable room air filter that should be run when people are present. Staff are encouraged to open doors for fresh air flow whenever possible. The Interact Center HVAC units are serviced quarterly, and filters replaced.

**Additional COVID-19 Mitigation Practices (optional—as needed)**

**Face Coverings:**

- At this point, Interact is **NOT** requiring staff and artists at the center to wear masks since everyone who will be in the center will be vaccinated. This policy is subject to change if COVID and the Delta variant become a risk for those who are vaccinated.

- Face coverings, or proof of vaccination **ARE REQUIRED of ALL VISITORS**, except for young children at risk of suffocation and persons who cannot medically tolerate wearing a face covering. A face covering should cover both the nose and mouth. Interact will have masks available if a visitor doesn’t have one.

Certified by:

Glenis Zempel
July 28, 2021
Managing Director